



# Volunteer Handbook



*Benefiting:*

Friends of  
Dartmouth  
Cancer Center





# Hope starts HERE.

Cancer Touches Everyone. When you volunteer at The Prouty, you support cutting-edge research for new treatments and cures. You help provide exceptional care and services for patients and their families. And you help Dartmouth Cancer Center get closer to ending cancer once and for all.

## Science Saves Lives

Funds raised by the Prouty community fuel vital research by providing seed-funding to innovative scientists who have dedicated their lives to discovering new and better ways to treat cancer and enhance survivorship.

**On average, every \$1 the Prouty invests in research leads to \$12 in additional funding from other sources!**

Prouty funds also support the advancement of clinical trials at Dartmouth Cancer Center, to make more cutting-edge, next generation treatments available to patients.

## Care Beyond Just Cancer Treatment

**Each year, The Prouty helps fuel vital support services that ease the journey of cancer patients and loved ones - free of charge.**

These services go beyond what is offered in the hospital — things like massage, art and music therapy, support groups, transportation assistance, and more.

Prouty funds also support the Dartmouth Cancer Center food pantry, Healing Harvest, benefiting patients with food insecurity. Heartbreakingly, 22% of our patients at Dartmouth Cancer Center are food-insecure. The Prouty helps to support these patients during their cancer journey because food is medicine.

## Welcome Prouty Volunteer!

*The Prouty could not happen without the support of an incredible team of Volunteers. Each year, more than 750 volunteers help bring our event to life. Volunteers are expected to work hard and be responsible, but also to have fun! The Prouty is a celebration of our community coming together to make a difference and volunteers are an essential part of it.*

## What is The Prouty?

The Prouty is northern New England's largest family-friendly fundraising event combining cycling, walking, rowing, golf and more to raise funds and awareness for life-saving research and critical patient and family support services at Dartmouth Cancer Center. Learn about the Prouty's impact at [TheProuty.org](http://TheProuty.org).

The Prouty™ began in 1982 when four Cancer Center nurses, inspired by the courage of their patient, Audrey Prouty, committed to cycling 100 miles through the White Mountains of New Hampshire. Over the past 44 years, thousands of passionate people have come together to bike, walk, row, golf, and more to follow their example and go all in to end cancer.

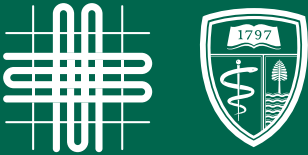
## Friends of Dartmouth Cancer Center

The Friends of Dartmouth Cancer Center is dedicated to raising funds to support the services provided by Dartmouth Cancer Center, a world-renowned cancer treatment and research facility affiliated with Dartmouth College, The Geisel School of Medicine, and the Dartmouth Health System. The Prouty is the Friends of Dartmouth Cancer Center's signature annual event.



# PROUTY IMPACT AT DARTMOUTH CANCER CENTER **BY THE NUMBERS**

Only NCI-designated  
Comprehensive Cancer  
Center in northern  
New England



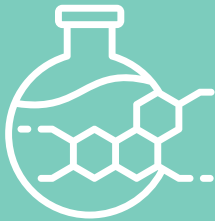
**12** regional centers  
throughout  
New Hampshire  
and Vermont provide care  
close to home



**19,000**  
patients served each year



**7x**



increase in  
patient accrual  
to clinical trials

**\$1M**

investment of  
funds raised  
through The Prouty  
to advance Precision  
Cancer Prevention research



**19**

patient support  
programs  
provided free of  
charge through our  
Complementary Care  
Program



**1,042**



orders of food for  
patients with food  
insecurity delivered in  
the past year through  
Healing Harvest

**1 → 12**

Innovative pilot projects leverage  
The Prouty's initial philanthropic  
investment, bringing in an average of \$12  
in additional national research funding for  
every dollar invested



**4,500**

people Prouty-ed to  
show their support  
- including 750  
volunteers.



**\$8.2M**

raised in  
the 43rd  
annual  
Prouty



**9,843**

donors of all levels



Friends of  
Dartmouth  
Cancer Center



# 2025 Schedule of Events:

## Ways to Prouty:

There are many ways to participate in The Prouty:

## MAY 17, JUNE 13-14 + JULY 7-15, :

### Volunteer

- Various tasks to support the events.

## SATURDAY, MAY 17:

### Prouty Community Walk: St. J

- 2 mile walk through St. Johnsbury, VT for all ages and abilities.

## SUNDAY, JUNE 8:

### Prouty Community Day & Walk: SNH

- 1 mile Walk and Community Celebration in Manchester, NH.

## SATURDAY, JUNE 14

### Golf

- Four person scramble with shotgun start at Eastman Golf Links in Grantham, NH.

## FRI. + SAT., JULY 11-12:

### Ultimate

- Ride up to 200 miles in 2 days

## SATURDAY, JULY 12:

### Bike

- 20, 30, 50, 77, 100 mile routes
- 50-mile gravel route
- 8 or 18-mile mountain bike route

### Walk

- 3, 7 or 10K residential through Hanover, NH, or 5K wooded walk

### Row

- 5, 10, 15, or 20 miles on the ten-mile stretch of the Connecticut River between Ledyard Bridge and the Lyme-Thetford Bridge.

## ANY TIME:

### Virtual

- Any activity, any time or place!

## Saturday, May 17 - Community Walk: St. Johnsbury

St. Johnsbury Academy, 1000 Main Street, St. Johnsbury, VT

10:00 am	Check-in and registration opens
11:00 am	Walk start (Approx. 2 miles)

## Sunday, June 8 - Community Day & Walk: Southern NH

Dartmouth Hitchcock Clinics Manchester, 100 Hitchcock Way, Manchester, NH

1:00 pm	Check-in and registration opens
1:30 pm	Prouty Opening Ceremony
1:45 pm	1 mile Walk and Community Celebration begins

## Saturday, June 14 - Prouty Golf

Eastman Golf Links, Grantham, NH

8:30-9:45am	Check-in.
9:45am	Call to carts
9:50am-10:00am	Opening Ceremony & Golf Overview
10:00am	Shotgun start scramble
3:00pm-4:30pm	Golf reception to begin upon completion of play.

## Thursday, July 10:

4:00-7:00 pm	Ultimate Check-in at Hanover Inn
5:30 pm-7:30 pm	Ultimate Reception at the Hanover Inn

## Friday, July 11:

5:00-5:45 am	Breakfast for all Ultimates on the Dartmouth College Green
5:00-5:45 am	Check-in and registration at Dartmouth Green
6:00 am	Ultimates start on the Dartmouth Green
11:00 am-4:00 pm	Ultimates cross the finish line at the DOC House, with a lunch/reception including a beer garden
2:00-7:00 pm	Registration & Check-in at RMS

## Saturday, July 12:

5:30 am	Check-In Open at Richmond Middle School
6:00 am	Opening Ceremony for 100- and 77-mile Cyclists at RMS
7:00 am	Opening Ceremony for Rowers at Kendal Riverfront Park
8:00 am	Opening Ceremony for Gravel Ride, 50- and 35-mile Cyclists, and Mountain Bikers at RMS
10:00 am	Opening Ceremony for All Walkers and 20-mile Cyclists at RMS
10:00 am	Check-in at RMS Closes
11:00 am	All Day Prouty Party starts with food, music, kids' activities, and more at RMS!
1:00 pm	Awards Ceremony at RMS
4:00 pm	Food service and The Prouty venue at RMS close
4:00 pm	Cycling routes close
4:00 pm	Food service and The Prouty venue closes at RMS

## Trainings

All trainings will be take place on Zoom, and the recordings will be available afterward.

**New volunteers and anyone who wants a refresher:** Monday, July 7, 2025 from 5-6pm

Newbie Volunteer Training Zoom link

**Registration volunteers:** Tuesday, July 8, 2025 from 5-6pm

Registration Training Zoom link

**Parking/Route Safety Volunteers:** Wednesday, July 9, 2025 from 5-6pm

Parking Volunteer Training Zoom link

## Prouty Volunteer FAQs

### **I have some extra time, can I work more than one shift?**

We encourage volunteers to sign up for more than one shift if you're able (many participants also volunteer before or after their event!). The Prouty needs some helping hands the week leading up to, and a few days after the event during weekday hours. Volunteers who complete 10 hours or more of volunteer time throughout The 2024 Prouty will receive an invitation to the Volunteer Thank You Party on July 23, 2025, at the DOC House, in Hanover, NH.

### **Can children volunteer?**

In order to volunteer independently, children must be age 14 or older and assignments will depend on the discretion of the Volunteer Coordinator. Younger volunteers must be accompanied by an adult and be able to work responsibly alongside the adult so that they don't need the full attention of the adult.

### **Can I fundraise as a volunteer?**

Thank you! We would encourage you to sign up as a Prouty Virtual (do anything, any time, any where!) as well as a Volunteer. To register, visit [TheProuty.org](https://TheProuty.org).

### **Will food be available?**

Refreshments are provided for all volunteers.

### **What should I wear?**

Most Prouty jobs are physical and may take place outside. Please dress in comfortable clothing appropriate for the weather (rain gear, if necessary) and suitable footwear (no flip-flops!). Please remember to be sun safe (sunscreen, sunglasses, and hats) and bring your own water bottle. All volunteers receive a Prouty Volunteer t-shirt.

### **Can I fundraise as a volunteer?**

Thank you! We would encourage you to sign up as a Prouty Virtual (do anything, any time, any where!) as well as a Volunteer. To register, visit [TheProuty.org](https://TheProuty.org).

### **What do I wear?**

Most Prouty jobs are physical and may take place outside. Please dress in comfortable clothing appropriate for the weather (rain gear, if necessary) and suitable footwear (no flip-flops!). Please remember to be sun safe (sunscreen, sunglasses, and hats) and bring your own water bottle. Volunteers will receive a volunteer tshirt.

### **When should I arrive?**

Please arrive 20 minutes before your shift is scheduled to begin so you have time to park, check in, and get your volunteer t-shirt.

### **Where do I go for my shift?**

Most shifts take place at the Richmond Middle School (RMS) at 63 Lyme Rd, in Hanover, NH, where the event site is, but there are also volunteer shifts that take place throughout the Upper Valley.

- If you are volunteering at Prouty Golf on June 14, go to volunteer check-in inside the Eastman Golf Links Clubhouse (6 Clubhouse Lane, Grantham, NH 03753). Enter the Clubhouse and you can check-in up the stairs in the Draper Room with the volunteer coordinator.
- If you are volunteering at The Prouty Community Walk: St. J on May 17, go to the St. Johnsbury Academy, 1000 Main Street, St. Johnsbury, VT 05819. Please check in at the volunteer tent.
- If you are volunteering at RMS July 7-10, or the 13-15, please check in at the RMS Gym.
- If you are volunteering at RMS on Friday or Saturday, July 11-12, please check in at the Volunteer Tent outside, near the RMS gym.
- If you are volunteering for the Ultimate in Hanover on July 11-12, please confirm with the Volunteer Coordinator your shift location and details.
- If you have signed up for a shift that is not at RMS, please check in with the Volunteer Coordinator to find out where, and who you will be meeting.

### **Where do I park?**

- Volunteers at the RMS event site in Hanover are asked to park at River Crest parking lot (15 Rivercrest, Hanover, NH 03755) on Friday, July 11 and Saturday, July 12.
- Volunteers at RMS event site on July 7-10 or July 13-15 are asked to park in the teacher's parking lot.
- Volunteers for the Ultimate on July 11-12 should contact the Volunteer Coordinator for parking details for each shift.
- Row Volunteers at Kendal Riverfront Park are asked to park at the entrance off Lyme Road and walk down to the park.
- Golf Volunteers can park in the overflow parking lot at Eastman Golf Links.
- St. J Volunteers can park in the St. Johnsbury Academy parking lot.



# Volunteer Jobs & Descriptions:

## Bag Check

Help attend the Bag Check room, where participants can safely store their personal items while they Prouty.

## Cheerers!

Cheer on returning cyclists/walkers at the finish line. We supply the bells and pom-poms!

## Food Tent

Jobs at the Food Tent include:

- Prepare the Food Tent for Saturday, on Friday afternoon.
- Help prepare and serve food to participants on Saturday.
- Manage beverage/water station.
- Help to break down Food Tent

## General Event Support

These jobs include, but are not limited to:

- Unloading shipping containers and palletize the items. Lifting required. Dress to work.
- Help with event setup. Move, sort and organize supplies. Involves loading, packing, and unpacking. No flip flops, dress to work.
- Load Ultimate SAG supplies into box truck.
- Field helpers - set-up tents on sidewalk and move boxes, carpet cables, etc.
- Move food supplies out to circle (lifting required!). Receiving food items, sorting SAG supplies, on standby for Ultimate needs.
- Finish packing SAG boxes and load up SAG vehicles as they arrive.
- Clean-up: tables/chairs/bike racks/ground trash pick-up/pop-ups/water bottles.
- Help inventory, take care of signs, organizing the RMS Gym, pack event supplies for storage.

## Medical Support

Provide medical support to Prouty participants out on the routes, or at the event site. Experience and certification required.



## Green Team

Help the Prouty be green! The goal of our green program is to recycle or compost more than 95% of the waste generated by the two-day event. Sorting Station Attendants check on waste, compost, and recycling sorting bins, and remove and replace bags as containers fill. Green Team members get their own Green Team shirt.

### **Greeters and Thank You Crew**

Welcome and thank Prouty participants as they arrive at registration.

### **Info & Volunteer Tent**

Check-in Volunteers for their shifts, and direct them on where to go. Staff the Info Tent on the RMS field. Provide information to participants and answer their questions. Previous Prouty experience is helpful.

### **Kids' Tent**

Help staff the Kids' Tent. There will be lawn games and craft activities.

### **Kids' Tent Face Painters**

Paint faces for kids at The Prouty.

### **Mega Volunteer**

Those who are volunteering for multiple days of the Prouty, and/or have been specially assigned a high-level task or duty. Area Captains should sign up as Mega Volunteers.

### **Parking and Route Safety – see *Parking Operational Guide* for full details on each assignment**

Prouty Parking and Route Safety Volunteers help the Prouty in BIG ways! They are willing and able to take on a bigger volunteering commitment, because this role comes with a bit more responsibility and also requires attending a training session prior to The Prouty. These positions involve standing for long periods of time, as well as being assertive AND helpful to participants. Safety vest, and radio will be provided. Attending a parking specific training prior to the event is required. We staff the following locations during the event:

- Parking Guard RMS Main Entrance
- Parking Guard RMS Teacher's Lot Entrance
- Parking Guard RMS Teacher's Lot Exit
- Sheridan Printing Lot
- Ray School Lot
- Garipay Field Lot
- Dewey Field Lot
- Reservoir Road
- Intersection of Baker Hill Road and Goose Pond Road
- Help walkers cross at Crosswalk Light on Route 10
- Occum Ridge Road
- Junction of River Road and Route 10

### **Prouty Gear**

Hand out Prouty Gear to participants who have earned items as part of an incentive program for those who raise money for the event. Prior experience is a plus.

### **Prouty Golf on June 14, 2025**

Eastman Golf Links in Grantham, NH

Jobs include:

- Golf Blind Hole Spotters – Blind hole spotter: keep track of balls on a hole with a blind shot, in order to keep the games moving smoothly. Chairs, water and transportation will be provided.
- Golf Breakdown – Silent auction & breakdown: oversee silent auctions sales, closing, and help with event breakdown.
- Golf Check-in and Registration – check-in golfers, hand out goody bags, collect donations.
- Golf Set-up – Set-up, signage & parking: assist with setting up signage, banners, arch, golf carts, and more.





**Prouty Store**

Work in the Prouty Store Tent selling branded merchandise. Computer/iPad skills a plus for checking out customers.

**Pup Tent**

Dog Wrangler: Staff Prouty Pup Tent during registration. Shift may include pup patrols of the grounds, and pup sitting while pup parents are registering or in food tent.

**Registration**

Check in Prouty participants, collect donations, and assign bib/plate numbers. Prior experience helpful, and attending a registration specific training prior to the event is required.

**SAG Support**

Staff one of our many SAGs – Support Aid Stations on the bike, walk and row routes.

**Signage**

Help setup and/or take down event signage and cones. Set up barricades, parking signs, and cones. Be prepared to lift and get dirty.

**T-Shirt Distribution**

Hand out Prouty tshirts to participants during registration.

**Ultimate Check-in**

Register Ultimate participants and hand out gift bags at the Hanover Inn on Thursday.

**Ultimate General Support**

Deliver Ultimate SAG supplies.

**Ultimate Sign Crews**

Join a Sign Crew Teams to set Route Signs.

**Yellow Ribbon Table / Opening Ceremony Support**

Writing the name of a loved one that has been touched by cancer on a yellow ribbon is a Prouty tradition. Help cut the ribbons and support Prouty participants as they fill in their ribbons. For Thursday and Friday, this table can be found inside the RMS gym. On Saturday, Two volunteers will staff the table inside, and two will staff a table outside near the Prouty stage and arch. This role will also support the Opening Ceremonies. Help direct participants at ceremony, and through the start. Provide direction out of RMS.



## **Prouty Rowing**

### **Dock Master**

Check rowers out/in; oversee assistant dock masters

### **Launch Times Coordinator**

Assigns participants a launch time slot based on boat size and availability - rowing experience required and coaching experience preferred.

### **Lyme Dock Masters**

Assist boats with safely launching & landing (2 on dock, 1 on lawn) \*\*Rowing experience required

### **Mile Marker & Island Arrow Sign Deployment**

1 person to drive launch and 1 rider to help deploy mile markers on the course and place arrow signs and buoys on island. At your convenience on Friday, must be done by 6pm.

### **Registration Assistants**

Check rowers in & answer questions under direction of registration coordinator

### **Registration Lead**

Pick up registration box at RMS and at 9pm printout updated list of participants.

### **Safety Launch Drivers w/EMTs**

Drive launches w/EMTs. Meet at Dartmouth Dock at 6am for boat- stop at Kendal dock for supply bins. At end of event retrieve mile markers/island arrows/buoys & drop them at Wilson's Landing, drop supply bins at Kendal, return boat to Dartmouth.

### **SAG Cleanup**

Cleanup all SAG stops- Pickup & return leftover food, tables, garbage, etc to RMS- Need one person with a pick-up truck (to move SAG stuff from river up to parking lot)

### **SAG Food Station Setup**

Supply SAG food stations. Must be able to lift heavy items (40 lbs). Bring work gloves.

### **Slings, lowboys, & kippy kit transport; Buoy Storage**

Collect and transport slings and lowboys from Lyme and return them to HHS boathouse and Kendal. Move buoys, mile markers, etc. from Wilson's Landing to the Fullington barn. Truck required.

### **Slings, lowboys, and kippy kits transport**

ANYTIME BETWEEN NOON & 6 PM: Collect and transport slings and lowboys from Kendal Riverfront to Lyme. Truck required.

*Volunteers must sign the waiver. If you signed up online, you signed the waiver there. If you were assigned to a shift, you will need to sign this waiver on site.*

## 2025 Prouty Waiver and Release of Liability (the "Waiver and Release")

PLEASE READ CAREFULLY! THIS IS A LEGAL DOCUMENT!

I, or the minor named in this Waiver and Release, (the "Registrant"), in consideration of the Registrant's participation in the 2025 Prouty fundraising events to benefit the Dartmouth Cancer Center, including related events and activities (collectively the "Prouty"), freely, voluntarily and without duress, execute this Waiver and Release for myself, or on behalf of the minor named in this Waiver and Release to which I am the legal guardian or parent of, and on behalf of my and their personal representatives, assigns, executors, administrators, agents, heirs and next of kin ("Related Parties"). Registrant represents and warrants that that the Registrant is 18 years old or older or that this Waiver and Release is executed by Registrants legal guardian or parent and that Registrant or Registrant's legal parent or guardian (as applicable) has read this Waiver and Release. In executing this Waiver and Release, the Registrant, and Registrant's legal guardian or parent (as applicable) agrees as follows:

1. Understands the physically demanding nature of the Prouty and agrees that Registrant is qualified, in good health, and in proper physical condition to participate in the Prouty.
2. Understands and agrees that while participating in the Prouty, Registrant will act in accordance with, and follow all, CDC guidelines, federal, state and local rules, and Dartmouth-Hitchcock (defined below) policies regarding COVID-19, which may change from time to time, to reduce the risks of exposure to COVID-19. The Registrant, and Registrant's legal guardian or parent (as applicable), further agrees and understands that COVID-19 is extremely contagious and is spread mainly from person-to-person contact. Dartmouth-Hitchcock cannot guarantee that Prouty participants will not contract COVID-19 at the Prouty. By attending the Prouty the Registrant, and Registrant's legal guardian or parent (as applicable), agree that Registrant does not have COVID-19 symptoms and has not been diagnosed with COVID-19, and is not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for Registrant's treatment. REGISTRANT, AND REGISTRANT'S LEGAL GUARDIAN OR PARENT (AS APPLICABLE), KNOWINGLY ASSUMES ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, RELATED TO ILLNESS AND INFECTIOUS DISEASES, SUCH AS COVID-19, EVEN IF ARISING FROM THE NEGLIGENCE OF A RELEASEE (DEFINED BELOW) OR OTHERS.
3. Understands and agrees that the Prouty is held or conducted on public roads and in facilities open to the public and upon which the hazards of traveling and interactions with the public are to be expected. The Registrant, and Registrant's legal guardian or parent (as applicable), further agree and warrant that if at any time Registrant believes conditions to be unsafe, Registrant will immediately discontinue further participation in the Prouty.

4. Understands and agrees that the risk of injury from participation in the Prouty is significant, up to and including the potential for serious injury, permanent paralysis, and death and while particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury and death does exist. REGISTRANT, AND REGISTRANT'S LEGAL GUARDIAN OR PARENT (AS APPLICABLE), KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and whether or not covered by personal health or other type of insurance; and Registrant, and Registrant's legal guardian or parent (as applicable), assumes full responsibility for Registrant's participation in the Prouty.

5. If applicable, I understand, agree, and warrant that I am the parent or legal guardian of the Registrant and that I am responsible for the obligations and acts of the Registrant in the Prouty. I further agree that the Registrant will be under my direct supervision, or the direct supervision of the Registrant's legal guardian or parent, at all times while participating in the Prouty. I further agree to assume ALL RISK, RESPONSIBILITY, AND LIABILITY, BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, related to the Registrant's participation in a Prouty event.

6. Understands and agrees that photographs and/or videos may be taken of the Registrants and other participants in connection with the Prouty. Registrant, and Registrant's legal guardian or parent (as applicable), hereby consents to the taking of such photographs and videos and the use and publication of such photographs and videos.

7. Understands and agrees that all dogs participating in the Prouty must wear ID tags, be on a leash (no flex leashes permitted), socialize well with other dogs, be current on all vaccinations, including rabies, and not be in heat, and Registrant, and Registrant's legal guardian or parent (as applicable), agree to comply with all of these requirements if Registrant has any dog(s) participating in the Prouty. Registrant, and Registrant's legal guardian or parent (as applicable), further agrees to assume all risks and liabilities related to or in connection with, either directly or indirectly, to Registrant's dog(s) participating in the Prouty.

8. Agrees to (i) comply with the stated and customary terms and conditions for participation in the Prouty, including but not limited to the following "Rules of the Ride": wear an ANSI- and/or Snell-approved helmet during the entire ride; (ii) obey all traffic signs and signals; (iii) use hand signals to communicate intentions to turn or stop; (iv) move bicycle well off the road when stopped; (v) ride on the right with the direction of traffic; (vi) be in control of the bicycle at all times; (vii) yield to pedestrians; look carefully before entering intersections; (viii) make eye contact with motorists; and (ix) show respect and courtesy to all roadway users.

9. That Registrant, and Registrant's legal guardian or parent (as applicable), and their heirs, assigns, personal representatives, executors, administrators, agents, and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS (i) Dartmouth-Hitchcock Health, Dartmouth-Hitchcock Clinic and Mary Hitchcock Memorial Hospital (collectively "Dartmouth-Hitchcock"); (ii) Trustees of Dartmouth College; (iii) Dartmouth-Hitchcock's affiliates, related entities, directors, officers, employees, agents, representatives, successors, and assigns; and (iv) the operators of the Prouty, and each of their officers, owners, officials, directors, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, as applicable, owners and lessors of premises, property and/or equipment used to conduct the Prouty (collectively the "Releasees"), FROM ANY AND ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY, THE REGISTRANTS' OR RELATED PARTIES' ACCOUNT ARISING FROM MY OR THE REGISTRANT'S OR A RELATED PARTIES' PARTICIPATION IN THE PROUTY, WHETHER CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. This waiver and release of liability includes, without limitation, injuries or damages which may occur as a result of (a) Registrant's participation in any Prouty event; (b) negligent instruction or supervision, including, but not limited to, instruction or supervision by the Releasees, or others; (c) negligent hiring or retention of employees of the Releasees or others; (d) slipping, tripping, falling, or other bodily injury occurring during, or related to, any Prouty event; or (e) loss of personal property while participating in any Prouty event.

By checking "I agree" below, I am acknowledging that I am 18 years of age or older, have read and understand all of the terms of this Waiver and Release, and I understand that I will be giving up substantial rights for myself, the Registrant, and the Related Parties by signing it. I agree that if any portion of this Waiver and Release is held to be invalid, the balance, notwithstanding, shall continue in full force and effect. I further acknowledge and agree that, by clicking on "Submit", I am creating an electronic signature and that I understand that it will be binding, enforceable and the legal equivalent of a handwritten signature.



# Thank You!

We appreciate your time, talent and service to The Prouty.  
We truly couldn't do it without our volunteers.

## Volunteer Contacts:

### Volunteer Management:

Dominic Lord  
(603) 646-5905  
Dominic.Lord@hitchcock.org

### Volunteer Recruitment:

Catherine Murphy  
(603) 646-5964  
Catherine.M.Murphy@hitchcock.org

[View the volunteer signup](#)



Benefiting:

Friends of  
Dartmouth  
Cancer Center



One Medical Center Drive (HB 7070) | Lebanon, NH 03756  
(603) 646-5500 | [info@theprouty.org](mailto:info@theprouty.org) | [TheProuty.org](http://TheProuty.org)