Kelley L. Barton

From:TEST MESSAGE FROM: The Prouty <info@theprouty.org>Sent:Wednesday, July 6, 2022 7:59 AMTo:Kelley BartonSubject:Kelley, Here's what you need to know as a Prouty Ultimate! **EXTERNAL**



Dear Kelley,

The 41st Annual Prouty is in just a few days and we cannot wait to go all in to end cancer with you! The Prouty is a celebration of our community coming together to make a difference by raising funds and awareness for cancer research and support services at Dartmouth Cancer Center.

We've compiled everything you need to know about the Prouty Ultimate for you below—please read this email in its entirety.

Thank you for your passion, dedication, and support—we couldn't do it without you!

Thursday, July 7

3:00-5:00 pm: Check-in, registration, and dorm check-in at New Hampshire Hall, 10 E Wheelock Street, Hanover, NH. When you check-in you will receive your bike plate, bike jersey, your Ultimate goodie bag, and room key if you have registered to stay in the dorm. You can turn in any additional donations you have at this time as well. **3:00-5:00 pm:** Bike check. Cowbell Racing will be outside of New Hampshire Hall in

a mobile van to complete any last-minute adjustments or problems. **5:00-7:30 pm:** Check-in and registration moves to the Hanover Inn, 2 E Wheelock St, Hanover, NH.

5:30-7:30 pm: Ultimate reception and dinner at the Hanover Inn. Please note this dinner is only for participants and guests who registered ahead of time. If your plans have changed and you'd now like to join us, please <u>email Sarah</u> (also let us know if

you can no longer join us so we can plan accordingly). Please stay after dinner for the annual group photo on the Green!

Your Check-In Barcode

To make your check-in faster than ever, bring this barcode with you to check-in.

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Please do not go to Richmond Middle School for Ultimate check-in and registration. Stop by New Hampshire Hall from 3:00 pm - 5:00 pm on Thursday, July 7, or the Hanover Inn from 5:00 pm - 7:30 pm, and then again at New Hampshire Hall on Friday, July 8 at 5:00 am.

Friday, July 8

5:00-5:45 am: Breakfast for all Ultimates in New Hampshire Hall, 10 E. Wheelock Street, Hanover, NH.

5:00-5:45 am: Check-in and registration at New Hampshire Hall for those who didn't check in on Thursday.

6:00 am: Ultimates start on the Dartmouth Green with a police escort.

Cycle 75 or 100 miles! Followed by lunch at the Prouty Venue, Richmond Middle School (RMS), 63 Lyme Rd, Hanover, NH, in the Ultimate tent.

1:00-7:00 pm: Prouty Gear Rewards pick-up at RMS in the gym.

4:30-6:00 pm: Ultimate reception with drinks and appetizers at Jesse's Steakhouse, 7 Blue Sky Drive, Hanover, NH.

Ultimate Massage Therapy Update: Unfortunately, we have run into a few challenges recruiting volunteers this year and we will not be able to offer complimentary massage therapy on Friday and Saturday. Thank you for your understanding!

Saturday, July 9

6:00 am: Continental breakfast at RMS

6:45 am: Opening ceremony and 7:00 am start at RMS for Ultimate Riders, 100- and 77-mile Cyclists, and Gravel Riders. Ultimate riders will lead out all cyclists and we will have a controlled start led by police escort for the first mile of the route. If you have chosen a different participation option or mileage, please view start times <u>here.</u>

[getinvolved.dartmouth-hitchcock.org]

After you finish, enjoy the Prouty Party, lunch, live music, and more! **2:00 pm:** Awards Ceremony at RMS to honor top fundraisers and teams, and honor our 2022 Heart of The Prouty honoree! **4:00pm:** Dorms close and all keys must be returned.

Parking

A Lot Parking: There is no long-term parking at New Hampshire Hall. This year all Ultimates are offered a parking pass for A Lot on Dartmouth's campus. A Lot is .7 miles down the road on E Wheelock Street from the New Hampshire Hall. You must pick up a parking pass at registration to park in A Lot. If you would like a parking pass, the College is requiring us to collect the following information vehicle make, model, color and year, and the license plate # and state. You can email your vehicle information to <u>sarah.e.earnest@hitchcock.org</u> or please bring the information with you and complete a paper form at registration.

Preferred Prouty Parking: This year all Ultimates were offered a pass for one space on Saturday, July 9 in the parking lot of CRREL which is across from Richmond Middle School. This information was due by Friday, July 1. We are required to compile and send a list of drivers' names to CRREL security in advance of the event. There are stringent measures in place for CRREL parking and the driver of your vehicle can expect their driver's license to be scanned by a hand-held computer at the security gate. You will receive your parking pass via email if you provided us this information.

Additional parking is available at the Dewey Parking Lot on Saturday. Shuttle service will be available or you can ride to the Prouty venue at Richmond Middle School. *Masks will be required and available on shuttles.

Opening Ceremony

Don't miss our NEW Opening Ceremony on Saturday, July 9 at 6:45 am for Ultimate Riders, 100- and 77-mile Cyclists, and Gravel Riders. Cyclists will have a controlled start led by police escort for the first mile of the route and Ultimates will lead all cyclists at the start. We sincerely hope you will join us for this new addition to the Prouty.

Our Opening Ceremony is our opportunity to unite as one powerful, cancer-fighting force to celebrate the accomplishments of our community, hear moving stories about the Prouty's impact for your fellow Prouty participants, and share our special yellow ribbon tribute.

If you have selected a different participation option or route on Saturday, please visit <u>here [getinvolved.dartmouth-hitchcock.org]</u> for additional start times.

Dorm Rooms

If you requested a dorm room, your single room will have sheets, a blanket, a pillow, towels, and a bar of soap. Please note there is no AC in this dorm. Feel free to bring a fan and anything else you would like to make your stay more comfortable. Additionally, rooms do not have private bathrooms. There is a single-use bathroom on each floor in New Hampshire, as well as gender-specific bathrooms with showers. Bikes can be kept in your room.

Prouty Gear Rewards

Ultimates will be able to pick up any Prouty Gear Rewards you have earned at RMS from 1:00-7:00 pm on Friday and from 6:00-9:00 am on Saturday.

Route Maps & Safety

You can find interactive and printable route maps on our website <u>here.</u> [getinvolved.dartmouth-hitchcock.org]

Safety is our top priority! Please familiarize yourself with our safety and etiquette guidelines which can be found on our website <u>here. [getinvolved.dartmouth-hitchcock.org]</u>

Join the Ultimate Strava Club here: <u>strava.com/clubs/proutyultimate</u> [<u>getinvolved.dartmouth-hitchcock.org</u>]. Log your activity, give kudos to other Ultimates, and get motivated to crush the Ultimate challenge!

Bike Check

Cowbell Racing will be outside of New Hampshire Hall in their mobile van to complete any last-minute adjustments or problems for Ultimates on Thursday, July 7 from 3:00-5:00pm.

Fundraising

Ultimates who have not reached their fundraising minimums by check-in, have until September 1, 2022, to reach it. If you need any support with fundraising, please reach out as we are here to help!

COVID-19 Protocols

We ask all participants and volunteers to follow our <u>COVID-19 health and safety</u> <u>protocols [getinvolved.dartmouth-hitchcock.org]</u> at the Prouty. Thank you!

If you have any questions, please reach out to us at <u>Sarah.E.Earnest@hitchcock.org</u> or (774) 230-6539. Thank you for your support and commitment to The Prouty and the Dartmouth Cancer Center!

The Prouty Team

A special thanks to our 2022 Prouty Corporate Sponsors

