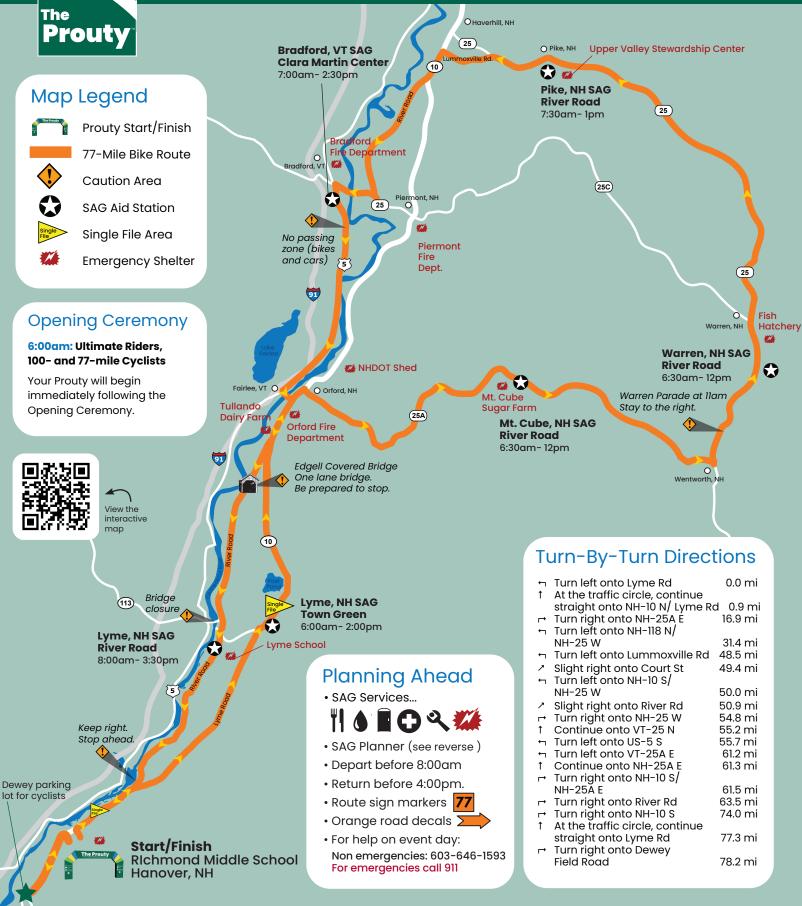


77-Mile Bike Ride

Difficulty Level:





Prouty Bike SAG Planner

"SAG" stands for "stop and go" and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

		Open	Close	Current Mile	Next SAG	Miles to Finish
20-Mile SAG 1. Lyme, NH	s Town Green	6:00am	2:00pm	10	2	9
30-Mile SAG 1. Lyme, NH 2. Lyme, NH	S Town Green River Road	6:00am 8:00am	2:00pm 3:30pm	10 19	9 9	17 9
50-Mile SAG 1. Lyme, NH 2. Bradford, VT 3. Lyme, NH	s Town Green Clara Martin Center River Road	6:00am 6:30am 8:00am	2:00pm 2:00pm 3:30pm	10 26 39	16 13 9	38 22 9
Gravel Ride SAGs 1. Goose Pond Dam 2. Dartmouth Skiway 3. Lyme, NH River Road		7:30am 7:30am 8:00am	2:00pm 2:00pm 3:30pm	20 28 45	8 17 9	32 24 9
77-Mile SAGS 1. Lyme, NH 2. Mt. Cube, NH 3. Warren, NH 4. Pike, NH 5. Bradford, VT 6. Lyme, NH	Town Green Sugar Farm Stand Warren Fish Hatchery UV Stewardship Cntr. Clara Martin Center River Road	6:00am 6:30am 6:30am 7:30am 6:30am 8:00am	2:00pm 11:30pm 12:00pm 12:30pm 2:00pm 3:30pm	10 25 34 44 56 69	15 9 10 12 13 9	68 53 44 34 23 9
100-Mile SAG 1. Lyme, NH 2. Mt. Cube, NH 3. Warren, NH 4. Pike, NH 5. Woodsville, NH 6. Newbury, VT 7. Bradford, VT 8. Lyme, NH	Town Green Sugar Farm Stand Warren Fish Hatchery UV Stewardship Cntr. Coventry Log Homes Town Green Clara Martin Center River Road	6:00am 6:30am 6:30am 7:30am 7:30am 8:00am 6:30am 8:00am	2:00pm 11:30pm 12:00pm 12:30pm 1:00pm 1:30pm 2:00pm 3:30pm	10 25 34 44 58 65 74 87	15 9 11 12 7 9 13 9	86 71 62 52 38 31 22 9