



The Prouty™ 7k Residential Walk

Saturday, July 9th, 2022



MAP LEGEND

- Prouty Start/Finish
- 7k Walk
(Difficulty: Moderate to Med. Difficulty)
- SAG Aid Station
- Mini SAG
- Crosswalk (Use Signal)
- Keep Right

WALKING DIRECTIONS

- Depart venue crossing NH. Rte. 10
- ↖ Left turn (south) onto NH Rte. 10 sidewalk
 - ↗ Right onto Wentworth St.
 - ↗ Right turn after crossing North Main St.
 - ↖ Left turn onto Webster Ave.
 - ↗ Right turn onto Occom Ridge Rd.
 - ! **Caution: Stay right traversing around Occom Pond**
 - ↗ Right turn to enter Aid Station
 - ↑ Cross Hilton Field Road, following pathway around the golf course clubhouse
 - ↗ Right turn onto Rope Ferry Road
 - ↖ Left onto the Rope Ferry Road sidewalk
 - ↖ Left turn onto Mayard Road
 - ↖ Left turn onto NH. Rte. 10 / Lyme Road
 - ↗ Right turn, crossing Lyme Rd. after the CO-OP
 - ↗ Right turn entering finish (**Great Job!**)

SAFETY

During a true emergency call 911 without delay. EMT's from the Upper Valley Wilderness Response Team will be on bicycles to assist you and can be identified by their red "Prouty Safety Patrol" bike plates. There is also a medical tent at the Prouty venue as needed. Have a Prouty related question? call the Prouty Headquarters at (603) 646-1593.



**REMEMBER
PROUTY PUP
PROTOCOLS**

