



2022 Prouty 65k (44 -Mile) Gravel Ride Description

We hope you enjoy your Prouty experience and come back again and again to help fight cancer!

Date: Saturday, July 9, 2022
Start Time: 7:00am (**Optional** - Prouty Rider Lead Mass Start...riders not interested in the mass start must depart prior to 7am to stay ahead of support riders and vehicles)
End Time: 4:00pm (All riders are asked to return by 4pm.)
Start Location: Prouty Venue (Richmond Middle School, 63 Lyme Road, Hanover, NH)
Length: 65 Kilometers / 44-Miles

Ride Description: Prepare to tour some of the most scenic, less traveled roadways in the area. The ride is not for the inexperienced dirt rider, as it will be challenging at times, but the payoffs are great views of Moose Mountain and scenic woodlands views. An "optional" rider-lead "Mass Start" will initiate the fun departing from the Prouty Venue at 7:00am. Riders not participating in the mass start must depart prior to 7am to stay ahead of support riders and vehicles.

Expect mixed terrain of both paved and maintained hard pack dirt roadways with over 3,000+ ft. of climbing. The bulk of the hard pack dirt riding will take place during the first half of the ride leading northward towards Lyme, NH. It will also have the most climbing, as riders navigate 3-Mile Road and Acorn Hill Road, which, are all dirt roadways.

Once on River Road (Lyme, NH), riders will gain views of the Connecticut River and continue southward until reaching the Prouty's balloon arch finish in Hanover, NH.

Ride Support & Planning: There will be (2) full-service aid stations available where riders can take a break and enjoy nutritious food and beverages. Aid stations also have the support of medical and bike tech volunteers. As needed, riders will encounter numerous bail-out points, please consult the ride map.

Prouty Roving Support Riders, Vehicles and a Safety Sweep Team will be assigned to the ride and are capable of providing basic medical care and bike tech support while on route, however, it will be limited at times due to the nature of the ride. As a result, **riders are expected to have a higher level of self-sufficiency**. It is recommended that bicycles be outfitted with at least 28c tires, a compact crank, and riders carry multiple spare tubes. For questions or assistance during the ride, call the Prouty Incident Command Center at (603) 646-1593.

Safety: Safe cycling is no accident. All riders are expected to ride in a safe, responsible, and respectful manner. All riders should understand Rider Etiquette and Rules of the Road, including young participants (see the Cycling Safety and Etiquette page). Please know helmets are **REQUIRED** and leave the headphones at home. Please don't compromise the safety of yourself and others! Lastly, to ensure that you have an enjoyable ride, have your bicycle in the best mechanical condition possible (see Supporting Bike Shops and Tune-up Specials).

Difficulty Rating Scale (Easy to Challenging & Flat): Segments of flats / rolling hills / hill climb



Elevation Profile:

