



The Prouty™ 5k Wooded Walks

Saturday, July 9th, 2022



Opening Ceremony
6:45am: Ultimate Riders, 100- and 77-mile Cyclists and Gravel Riders
7:45am: 50- and 35-mile Cyclists and 10k Walkers
8:45am: 20-mile Cyclists and 5k, 6k and 3k Walkers
 Your Prouty will begin immediately following the Opening Ceremony.

MAP LEGEND

- Prouty Start/Finish
- 5k Walking Route
(Difficulty Level: Moderate)
- SAG Aid Station
- Water Stop
- Trail Junction Sign

WALKING DIRECTIONS

↑ Straight - exit venue traveling north, walking on the grass in front of Sheridan Printing.
 ↗ Right turn after Sheridan Printing.
 ↖ Left - take immediate left, follow signage.
 ! Please be mindful of sleeping campers in Storrs Pond
 ↗ Right at Jct. 11, traveling down hill to SAG Station.
 ↗ Exiting the SAG: Turn right traveling downhill into Storrs Pond Recreational Area.
 ↖ Left turn, entering the woods prior to reaching the tennis courts.
 ↖ Left turn, following the trail to the Ray School.
 ↗ Right turn onto Reservoir Rd. sidewalk.
 ↗ Right turn onto Lyme Rd. sidewalk.
 ↑ Straight, following the sidewalk back to the venue.
 ↗ Right turn, entering the finish line shoot and under the Balloon Arch (**Great Job!**)

SAFETY

During a true emergency call 911 without delay. EMT's from the Upper Valley Wilderness Response Team will be on mt. bikes to assist you and can be identified by their red "Prouty Safety Patrol" bike plates. There is also a medical tent at the Prouty venue. Play it safe, check for ticks. Question? call the Prouty Headquarters at (603) 646-1593.

REMEMBER PROUTY PUP PROTOCOLS