





# Prouty Bike SAG Planner

“SAG” stands for “stop and go” and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

	Open	Close	Current Mile	Next SAG	Miles to Finish
<b>20-Mile SAGs</b>					
1. Lyme, NH      Town Green	6:00am	2:00pm	10	2	11
2. Lyme, NH      River Road	8:00am	3:30pm	12	9	9
<b>35-Mile SAGs</b>					
1. Lyme, NH      Town Green	6:00am	2:00pm	10	16	25
2. Lyme, NH      River Road	8:00am	3:30pm	26.5	9	9
<b>Gravel Ride SAGs</b>					
1. Goose Pond Boat Launch	7:30am	2:00pm	18	10	34
2. Dartmouth Skiway	7:30am	2:00pm	28	16	24
3. Lyme, NH      River Road	8:00am	3:30pm	45	9	9
<b>77-Mile SAGs</b>					
1. Lyme, NH      Town Green	6:00am	2:00pm	10	15	67
2. Mt. Cube, NH      Sugar Farm Stand	6:30am	11:30pm	25	9	52
3. Warren, NH      Warren Fish Hatchery	6:30am	12:00pm	34	10	43
4. Pike, NH      UV Stewardship Cntr.	7:30am	12:30pm	44	12	33
5. Bradford, VT      Clara Martin Center	6:30am	2:00pm	56	13	21
6. Lyme, NH      River Road	8:00am	3:30pm	69	9	9
<b>100-Mile SAGs</b>					
1. Lyme, NH      Town Green	6:00am	2:00pm	10	15	88
2. Mt. Cube, NH      Sugar Farm Stand	6:30am	11:30pm	25	9	73
3. Warren, NH      Warren Fish Hatchery	6:30am	12:00pm	34	11	64
4. Pike, NH      UV Stewardship Cntr.	7:30am	12:30pm	44	12	54
5. Woodsville, NH      Coventry Log Homes	7:30am	1:00pm	59	15	39
6. Bradford, VT      Clara Martin Center	6:30am	2:00pm	75	14	23
7. Lyme, NH      River Road	8:00am	3:30pm	88	9	9