

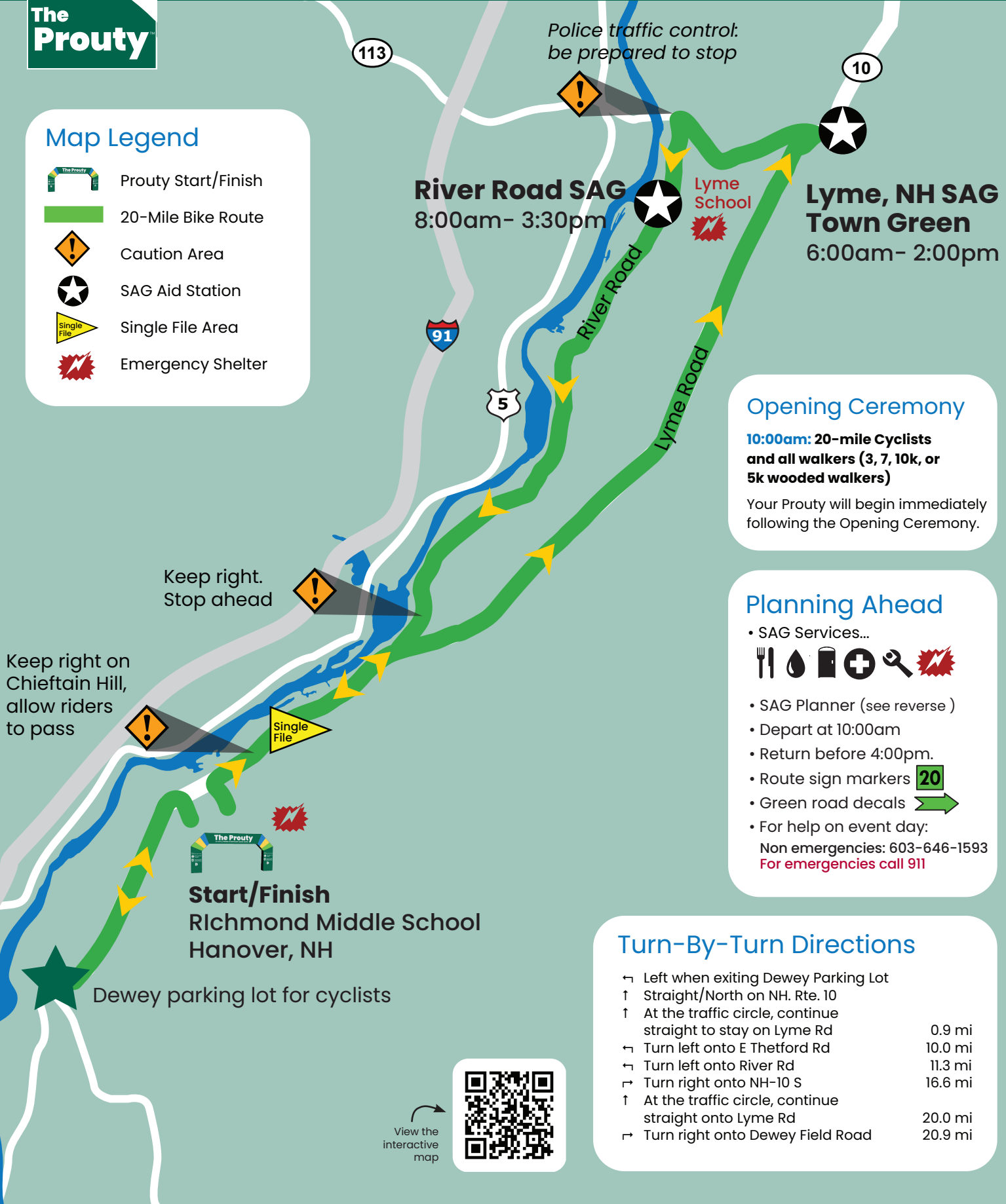
20-Mile Bike Ride

Saturday, July 12, 2025

Difficulty Level:

Map Legend

- Prouty Start/Finish
- 20-Mile Bike Route
- Caution Area
- SAG Aid Station
- Single File Area
- Emergency Shelter



Police traffic control:
be prepared to stop

River Road SAG
8:00am- 3:30pm

Lyme, NH SAG
Town Green
6:00am- 2:00pm

Opening Ceremony

10:00am: 20-mile Cyclists and all walkers (3, 7, 10k, or 5k wooded walkers)

Your Prouty will begin immediately following the Opening Ceremony.

Planning Ahead

- SAG Services...
- SAG Planner (see reverse)
- Depart at 10:00am
- Return before 4:00pm.
- Route sign markers
- Green road decals
- For help on event day:
Non emergencies: 603-646-1593
For emergencies call 911

Keep right.
Stop ahead

Keep right on
Chieftain Hill,
allow riders
to pass

Start/Finish
Richmond Middle School
Hanover, NH

Dewey parking lot for cyclists

Turn-By-Turn Directions

- ↶ Left when exiting Dewey Parking Lot
- ↑ Straight/North on NH. Rte. 10
- ↑ At the traffic circle, continue straight to stay on Lyme Rd 0.9 mi
- ↶ Turn left onto E Thetford Rd 10.0 mi
- ↶ Turn left onto River Rd 11.3 mi
- ↷ Turn right onto NH-10 S 16.6 mi
- ↑ At the traffic circle, continue straight onto Lyme Rd 20.0 mi
- ↷ Turn right onto Dewey Field Road 20.9 mi

View the
interactive
map





Prouty Bike SAG Planner

“SAG” stands for “stop and go” and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

	Open	Close	Current Mile	Next SAG	Miles to Finish
20-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	2	11
2. Lyme, NH River Road	8:00am	3:30pm	12	9	9
35-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	16	25
2. Lyme, NH River Road	8:00am	3:30pm	26.5	9	9
Gravel Ride SAGs					
1. Goose Pond Boat Launch	7:30am	2:00pm	18	10	34
2. Dartmouth Skiway	7:30am	2:00pm	28	16	24
3. Lyme, NH River Road	8:00am	3:30pm	45	9	9
77-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	15	67
2. Mt. Cube, NH Sugar Farm Stand	6:30am	11:30pm	25	9	52
3. Warren, NH Warren Fish Hatchery	6:30am	12:00pm	34	10	43
4. Pike, NH UV Stewardship Cntr.	7:30am	12:30pm	44	12	33
5. Bradford, VT Clara Martin Center	6:30am	2:00pm	56	13	21
6. Lyme, NH River Road	8:00am	3:30pm	69	9	9
100-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	15	88
2. Mt. Cube, NH Sugar Farm Stand	6:30am	11:30pm	25	9	73
3. Warren, NH Warren Fish Hatchery	6:30am	12:00pm	34	11	64
4. Pike, NH UV Stewardship Cntr.	7:30am	12:30pm	44	12	54
5. Woodsville, NH Coventry Log Homes	7:30am	1:00pm	59	15	39
6. Bradford, VT Clara Martin Center	6:30am	2:00pm	75	14	23
7. Lyme, NH River Road	8:00am	3:30pm	88	9	9