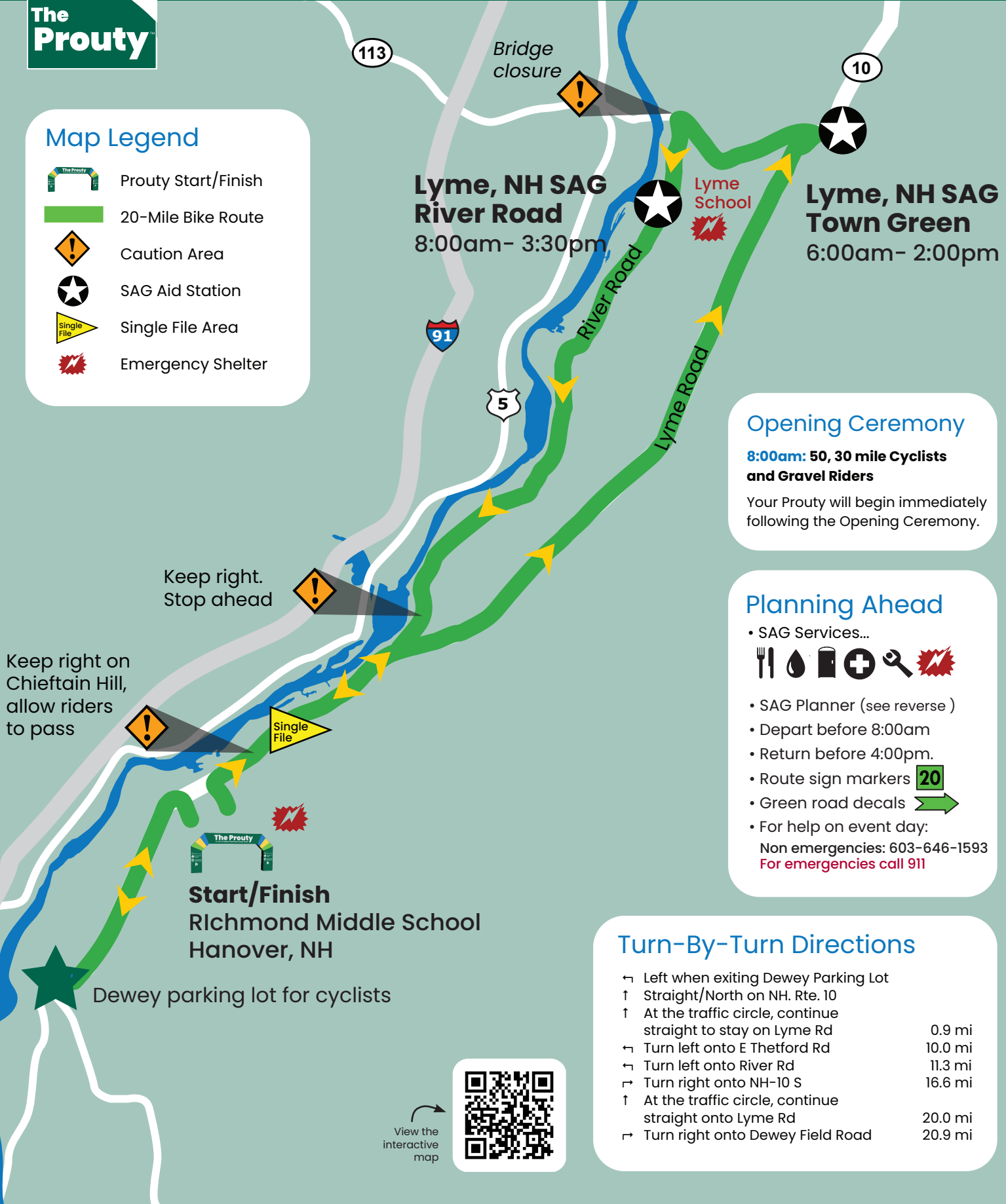


20-Mile Bike Ride

Difficulty Level: ■

Map Legend

-  Prouty Start/Finish
-  20-Mile Bike Route
-  Caution Area
-  SAG Aid Station
-  Single File Area
-  Emergency Shelter



Opening Ceremony

8:00am: 50, 30 mile Cyclists and Gravel Riders

Your Prouty will begin immediately following the Opening Ceremony.

Planning Ahead

- SAG Services... 
- SAG Planner (see reverse)
- Depart before 8:00am
- Return before 4:00pm.
- Route sign markers 
- Green road decals 
- For help on event day:
Non emergencies: 603-646-1593
For emergencies call 911

Turn-By-Turn Directions

- ↶ Left when exiting Dewey Parking Lot
- ↑ Straight/North on NH. Rte. 10
- ↑ At the traffic circle, continue straight to stay on Lyme Rd 0.9 mi
- ↶ Turn left onto E Thetford Rd 10.0 mi
- ↶ Turn left onto River Rd 11.3 mi
- ↷ Turn right onto NH-10 S 16.6 mi
- ↑ At the traffic circle, continue straight onto Lyme Rd 20.0 mi
- ↷ Turn right onto Dewey Field Road 20.9 mi

View the interactive map





Prouty Bike SAG Planner

“SAG” stands for “stop and go” and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

	Open	Close	Current Mile	Next SAG	Miles to Finish
20-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	2	9
30-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	9	17
2. Lyme, NH River Road	8:00am	3:30pm	19	9	9
50-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	16	38
2. Bradford, VT Clara Martin Center	6:30am	2:00pm	26	13	22
3. Lyme, NH River Road	8:00am	3:30pm	39	9	9
Gravel Ride SAGs					
1. Goose Pond Dam	7:30am	2:00pm	20	8	32
2. Dartmouth Skiway	7:30am	2:00pm	28	17	24
3. Lyme, NH River Road	8:00am	3:30pm	45	9	9
77-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	15	68
2. Mt. Cube, NH Sugar Farm Stand	6:30am	11:30pm	25	9	53
3. Warren, NH Warren Fish Hatchery	6:30am	12:00pm	34	10	44
4. Pike, NH UV Stewardship Cntr.	7:30am	12:30pm	44	12	34
5. Bradford, VT Clara Martin Center	6:30am	2:00pm	56	13	23
6. Lyme, NH River Road	8:00am	3:30pm	69	9	9
100-Mile SAGs					
1. Lyme, NH Town Green	6:00am	2:00pm	10	15	86
2. Mt. Cube, NH Sugar Farm Stand	6:30am	11:30pm	25	9	71
3. Warren, NH Warren Fish Hatchery	6:30am	12:00pm	34	11	62
4. Pike, NH UV Stewardship Cntr.	7:30am	12:30pm	44	12	52
5. Woodsville, NH Coventry Log Homes	7:30am	1:00pm	58	7	38
6. Newbury, VT Town Green	8:00am	1:30pm	65	9	31
7. Bradford, VT Clara Martin Center	6:30am	2:00pm	74	13	22
8. Lyme, NH River Road	8:00am	3:30pm	87	9	9