

2022 Prouty Metric Century Gravel Ride Description

We hope you enjoy your Prouty experience and come back again and again to help fight cancer!

- Date:** Saturday, July 9, 2022
- Start Time:** 7:00am (*Optional* - Prouty Rider Lead Mass Start...riders not interested in the mass start must depart prior to 7am to stay ahead of support riders and vehicles)
- End Time:** 4:00pm (All riders are asked to return by 4pm.)
- Start Location:** Prouty Venue (Richmond Middle School, 63 Lyme Road, Hanover, NH)
- Length:** 103-Kilometers / 65-Miles (26-Miles of Hard Pack Dirt)

Ride Description: Prepare to tour some of the most scenic, less traveled roadways in the area. The ride is not for the inexperienced dirt rider, as it will be demanding at times, but the payoffs are great mountain views of Moose, Sunday, and Peaked Mountain. An “optional” rider-lead “Mass Start” will initiate the fun departing from the Prouty Venue at 7:00am. Riders not participating in the mass start must depart prior to 7am to stay ahead of support riders and vehicles.

Expect mixed terrain of both paved and maintained hard pack dirt roadways with over 4,000+ ft. of climbing. The bulk of the hard pack dirt riding will take place during the first half of the ride leading northward towards Piermont, NH. It will also have the most climbing, as riders navigate 3-Mile Road, Acorn Hill Road and Indian Pond Road, which are all dirt roadways.

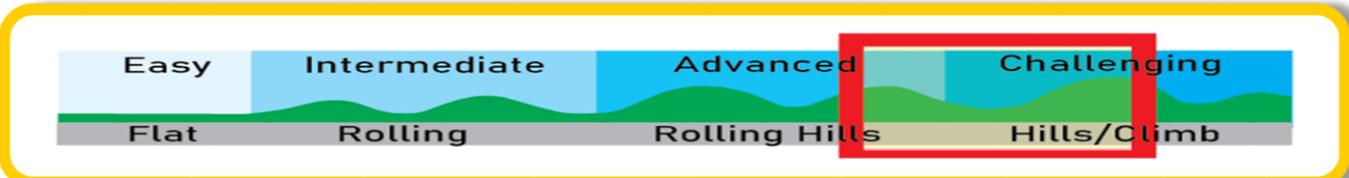
In Piermont, riders join existing 50-Mile Prouty riders for a short time, only to turn onto the Lake Morey Road, navigating around Lake Morey and enjoying a well-deserved break on the Fairlee, VT. Town Commons. Upon exiting the SAG, gravel riders will travel north (not south) crossing the Orford, NH Bridge into NH. After a short time on NH Rte. 10, riders will turn onto River Road traversing a covered bridge and gaining views of the Connecticut River. Riders continue southward until reaching the Prouty’s balloon arch finish in Hanover, NH.

Ride Support & Planning: There will be (3) full-service aid stations available where riders can take a break and enjoy nutritious food and beverages. Aid stations also have the support of medical and bike tech volunteers. As needed, riders will encounter numerous bail-out points, please consult the ride map.

Prouty Roving Support Riders, Vehicles and a Safety Sweep Team will be assigned to the ride and are capable of providing basic medical care and bike tech support while on route, however, it will be limited at times due to the nature of the ride. As a result, **riders are expected to have a higher level of self-sufficiency**. It is recommended that bicycles be outfitted with at least 28c tires, a compact crank, and riders carry multiple spare tubes. For questions or assistance during the ride, call the Prouty Incident Command Center at (603) 646-1593.

Safety: Safe cycling is no accident. All riders are expected to ride in a safe, responsible, and respectful manner. All riders should understand Rider Etiquette and Rules of the Road, including young participants (see the Cycling Safety and Etiquette page). Please know helmets are **REQUIRED** and leave the headphones at home. Please don’t compromise the safety of yourself and others! Lastly, to ensure that you have an enjoyable ride, have your bicycle in the best mechanical condition possible (see Supporting Bike Shops and Tune-up Specials).

Difficulty Rating Scale (Easy to Challenging & Flat): Segments of flats / rolling hills / hill climb



Elevation Profile:

