

100-Mile Bike Ride

Saturday, July 12, 2025

Difficulty Level:

Late Day Redirect Checkpoint

All riders are expected to return to the venue by 4pm. If a rider has not reached checkpoint



Orford, NH, by 10:30am

they will be redirected to the 50-mile route.



(25)

(116)

Upper Valley Stewardship

County Road

Pike, NH, by 12:30pm

Brushwood Rd. (North bound), they will be redirected to the 77-mile route.

25

Redstone Rocket OI Fish Hatchery

Turn-By-Turn Directions

←	Turn left onto Lyme Rd	0.14 mi
1	At the traffic circle, continue	
	straight to stay on Lyme Rd	1.01
1	At the traffic circle, continue	
	straight to stay on Lyme Rd	1.95
\rightarrow	Turn right onto NH-25A E	17.26
\rightarrow	Turn right onto NH-118 S/NH-25 E	31.75
\leftarrow	Turn left onto East Side Rd	32.15
←	Turn left to stay on East Side Rd	34.08
\rightarrow	Turn right onto NH-118 N/NH-25 W	34.81
\rightarrow	Turn right onto Brushwood Rd	48.57
\rightarrow	Turn right onto County Rd	51.19
←	Turn left onto NH-116 W	52.89
\rightarrow	Turn right onto NH-10 N	55.11
Κ.	Slight left onto NH-135 N/S Court St	58.38
1	Continue onto Hospital Rd	59.05
1	Continue onto S Court St	59.77
←	Turn left onto Central St	60.01
←	Turn left onto Main St N	60.53
←	Turn left onto VT-113 E	87.76
1	Continue onto E Thetford Rd	88.05
\rightarrow	Turn right onto River Rd	88.14
\rightarrow	Turn right onto NH-10 S/Lyme Rd	93.44
1	At the traffic circle, continue	
	straight to stay on Lyme Rd	96.08
1	Enter the traffic circle	96.8
\rightarrow	Turn right onto Dewey Field Road	97.69

Opening Ceremony Piermont, NH 25

O Haverhill, NH

Lummoxville Rd.

Haverhill Fire Dept.

(5)

Dept.

(25A)

Bradford, VT O

Bradford, VT SAG

Fairlee, VT O

Clara Martin Center 7:00am-2:30pm

Coventry Log Homes

Woodsville, NH SAG

302

6:00am: Ultimate Riders, 100- and 77-mile Cyclists

Pike, NH SAG

River Road

7:30am-1pm

Your Prouty will begin immediately following the Opening Ceremony.

Warren, NH SAG **River Road** 6:30am-12pm ****** Mt. Cube Warren Parade at 11am Lowe Sugar Farm

Mt. Cube, NH SAG **River Road** 6:30am-12pm

Stay to the right. Wentworth, NH Wentworth (118) Covered

Bridae



View the

interactive map

lot for cyclists

End of route

Lyme, NH SAG **River Road** 8:00am-3:30pm

Keep right. Stop ahead.

(113)

97.83

100

₹**5**3

Dewey parking Start/Finish RIchmond Middle School Hanover, NH

Lyme, NH SAG **Town Green** 6:00am-2:00pm

#10 Orford, NH

Planning Ahead

• SAG Services...



- SAG Planner (see reverse)
- · Depart at 6:00am
- Return before 4:00pm.
- Route sign markers 100
- Blue road decals >
- For help on event day: Non emergencies: 603-646-1593 For emergencies call 911

Map Legend



Prouty Start/Finish



100-Mile Bike Route



Redirect Route



Caution Area



SAG Aid Station



Single File Area



Emergency Shelter



Prouty Bike SAG Planner

"SAG" stands for "stop and go" and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

		Open	Close	Current Mile	Next SAG	Miles to Finish
20-Mile SAGs 1. Lyme, NH 2. Lyme, NH	Town Green River Road	6:00am 8:00am	2:00pm 3:30pm	10 12	2 9	11 9
35-Mile SAGS 1. Lyme, NH 2. Lyme, NH	Town Green River Road	6:00am 8:00am	2:00pm 3:30pm	10 26.5	16 9	25 9
Gravel Ride SAGs 1. Goose Pond Boat Launch 2. Dartmouth Skiway 3. Lyme, NH River Road		7:30am 7:30am 8:00am	2:00pm 2:00pm 3:30pm	18 28 45	10 16 9	34 24 9
77-Mile SAGs 1. Lyme, NH 2. Mt. Cube, NH 3. Warren, NH 4. Pike, NH 5. Bradford, VT 6. Lyme, NH	Town Green Sugar Farm Stand Warren Fish Hatchery UV Stewardship Cntr. Clara Martin Center River Road	6:00am 6:30am 6:30am 7:30am 6:30am 8:00am	2:00pm 11:30pm 12:00pm 12:30pm 2:00pm 3:30pm	10 25 34 44 56 69	15 9 10 12 13 9	67 52 43 33 21 9
100-Mile SAG 1. Lyme, NH 2. Mt. Cube, NH 3. Warren, NH 4. Pike, NH 5. Woodsville, NH 6. Bradford, VT 7. Lyme, NH	Town Green Sugar Farm Stand Warren Fish Hatchery UV Stewardship Cntr. Coventry Log Homes Clara Martin Center River Road	6:00am 6:30am 6:30am 7:30am 7:30am 6:30am 8:00am	2:00pm 11:30pm 12:00pm 12:30pm 1:00pm 2:00pm 3:30pm	10 25 34 44 59 75 88	15 9 11 12 15 14 9	88 73 64 54 39 23 9