

100-Mile Bike Ride

Saturday, July 13, 2024

Difficulty Level: ■ ■ ■ ■ ■

Turn-By-Turn Directions

- ↩ Left when exiting Dewey Parking Lot
- ↑ Straight/North on NH. Rte. 10
- At roundabout, take exit 1 onto Lyme Road, NH 10 0.3 mi
- ↪ Turn right onto State Route 25A, NH 25A 15.6 mi
- ↪ Turn right onto Mt Moosilauke Highway, NH 25, NH 118 30.1 mi
- ↩ Turn left onto Eastside Road 30.5 mi
- ↩ Keep left onto Eastside Road 30.8 mi
- ↩ Turn left to stay on East Side Rd 32.4 mi
- ↪ Turn right onto NH-118 N/ NH-25 W 33.2 mi
- ↪ Turn right onto Brushwood Road 46.9 mi
- ↪ Turn sharp right onto County Road 49.5 mi
- ↩ Turn sharp left onto Blackmount Road, NH 116 51.2 mi
- ↪ Keep right onto Blackmount Road, NH 116 53.5 mi
- ↪ Turn slight right onto Dartmouth College Highway, NH 10 53.5 mi
- ↩ Slight left onto NH-135 N/ S Court St 56.7 mi
- ↑ Continue onto Hospital Rd 57.4 mi
- ↑ Continue onto S Court St 58.1 mi
- ↩ Turn left onto US-302 W/ Central St 58.4 mi
- ↩ Turn left onto Main St N 58.9 mi
- ↩ Turn left onto Newbury Crossing Rd 65.0 mi
- ↑ Continue onto Newbury Rd/ Newbury Brg Rd 65.5 mi
- ↪ Turn right onto NH-10 S 65.7 mi
- ↪ Turn right onto River Rd 80.5 mi
- ↪ Turn right onto NH-10 S 90.9 mi



View the interactive map

Lyme, NH SAG River Road
8:00am - 3:30pm

Keep right. Stop ahead.

Dewey parking lot for cyclists

Start/Finish
Richmond Middle School
Hanover, NH

Planning Ahead

• SAG Services...



• SAG Planner (see reverse)

• Depart at 6:00am

• Return before 4:00pm.

• Route sign markers 100

• Blue road decals ➡

• For help on event day:

Non emergencies: 603-646-1593

For emergencies call 911

Map Legend

- Prouty Start/Finish
- 100-Mile Bike Route
- Redirect Route
- Caution Area
- SAG Aid Station
- Single File Area
- Emergency Shelter

Late Day Redirect Checkpoint

All riders are expected to return to the venue by 4pm. **If a rider has not reached checkpoint**

#1 Orford, NH, by 10:30am

they will be redirected South on Rte. 10.

#2 Pike, NH, by 12:30pm

Brushwood Rd. (North bound), they will be redirected to the 77-mile route.

Opening Ceremony

6:00am: Ultimate Riders, 100- and 77-mile Cyclists

Your Prouty will begin immediately following the Opening Ceremony.

Piermont, NH SAG Village School
8:00am - 2:30pm

Piermont Fire Dept.

Mt. Cube, NH SAG River Road
6:30am - 12pm

Mt. Cube Sugar Farm

Warren, NH SAG River Road
6:30am - 12pm

Warren Parade at 11am
Stay to the right.

Wentworth Covered Bridge

Lyme, NH SAG Town Green
6:00am - 2:00pm

Edgell Covered Bridge
One lane.
Be prepared to stop.

Post Pond

Single File

Single File

Single File

Single File

Single File

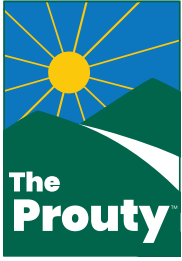
Single File

Single File

Single File

Single File





Prouty Bike SAG Planner

“SAG” stands for “stop and go” and is an official rest area with water, snacks and toilets. Medical support and bike tech support are also available. There is SAG support on all of The Prouty events, both land and water routes.

		Open	Close	Current Mile	Next SAG	Miles to Finish
20-Mile SAGs						
1. Lyme, NH	Town Green	6:00am	2:00pm	10	2	11
2. Lyme, NH	River Road	8:00am	3:30pm	12	9	9
35-Mile SAGs						
1. Lyme, NH	Town Green	6:00am	2:00pm	10	9	17
2. Lyme, NH	River Road	8:00am	3:30pm	19	9	9
Gravel Ride SAGs						
1. Goose Pond Boat Launch		7:30am	2:00pm	20	8	32
2. Dartmouth Skiway		7:30am	2:00pm	28	17	24
3. Lyme, NH	River Road	8:00am	3:30pm	45	9	9
77-Mile SAGs						
1. Lyme, NH	Town Green	6:00am	2:00pm	10	15	68
2. Mt. Cube, NH	Sugar Farm Stand	6:30am	11:30pm	25	9	53
3. Warren, NH	Warren Fish Hatchery	6:30am	12:00pm	34	10	44
4. Pike, NH	UV Stewardship Cntr.	7:30am	12:30pm	44	12	34
5. Piermont, NH	Village School	6:30am	2:00pm	56	13	23
6. Lyme, NH	River Road	8:00am	3:30pm	69	9	9
100-Mile SAGs						
1. Lyme, NH	Town Green	6:00am	2:00pm	10	15	86
2. Mt. Cube, NH	Sugar Farm Stand	6:30am	11:30pm	25	9	71
3. Warren, NH	Warren Fish Hatchery	6:30am	12:00pm	34	11	62
4. Pike, NH	UV Stewardship Cntr.	7:30am	12:30pm	44	12	52
5. Woodsville, NH	Coventry Log Homes	7:30am	1:00pm	58	15	38
6. Piermont, NH	Village School	6:30am	2:00pm	73	14	23
7. Lyme, NH	River Road	8:00am	3:30pm	87	9	9